

Authorization to Release Information

[Please print]

This form is used to release your protected health information as required by federal and state privacy laws. Your authorization allows the Health Plan (your health insurance carrier or HMO) to release your protected health information to a person or organization that you choose. You can revoke this authorization at any time by submitting a request in writing to the Health Plan (contact Member Services for further instructions). Revoking this authorization will not affect any action taken prior to receipt of your written request.

Member Information: (individual whose information will be released)

Name: (First, Middle, Last, Title)		Date of Birth: (Month/Day/Year)	
Address: (including zip code)		Telephone Number: (including area code)	
Group Name/Number: (if available)	Social Security Number: (optional)	Member ID Number:	

Health Plan: (organization that will release your information)

I authorize _____ to release my protected health information as described below.
(Health Plan name on your ID card)

Recipient: (person or organization that will receive your information)

Person's Name or Organization:	Telephone Number: (including area code)
Address: (including zip code)	Fax Number: (if available)

Description of the Information to be Released: (what type of information will be released)

Check only one box:

Psychotherapy notes – Federal law requires an authorization to use or release psychotherapy notes.
If you check this box, you may not check another box below.

All information related to the provision of and payment for my health care benefits or services.*

Specific information described below:*

Examples: The claim related to my service on (date); Appeal information related to my claim on (date)

Purpose of Release: _____
Examples: At my request; To resolve my appeal; To assist with my health insurance services

***NOTE:** State law requires that you give specific permission to release the information below even if you checked a box above. Indicate your permission for the Health Plan to release any of the following information by initialing all that apply.

Genetic Information	_____ (Initials)	HIV/AIDS	_____ (Initials)
Substance/Alcohol Abuse	_____ (Initials)	Mental/Behavioral Health	_____ (Initials)

Expiration: (when this authorization will end)

This authorization will expire on ___/___/___ (mm/dd/yyyy) **OR** on the occurrence of the following event:

Examples: Until I revoke this authorization; Resolution of a specific issue

Approval: (You OR your personal representative must sign and date this form in order for it to be complete.)

I understand that this authorization to release information is voluntary and is not a condition of enrollment in this Health Plan, eligibility for benefits, or payment of claims. I also understand that if the person or organization I authorize to receive the information described above is not subject to federal health information privacy laws, they may further release the protected health information and it may no longer be protected by federal privacy laws.

Member Signature: By signing below, I authorize the use of my protected health information.	Personal Representative Information: A personal representative is a person who has the legal authority to act on behalf of an individual. A copy of a Power of Attorney or other court-related legal document must be on file at the health plan.
_____ (Signature of Member)	_____ (Printed Name of Personal Representative) _____ (Date) _____ (Telephone Number)
_____ (Date)	_____ (Signature of Personal Representative) _____ (Description of representative's authority)

Instructions - Authorization to Release Information

This form is used for you or your personal representative to authorize the Health Plan to release your protected health information to another person or organization at your request.

"Protected health information," means individually identifiable health information. It is information about you, including your name, address and medical information and may relate to your past, present or future physical or mental health or condition. The Health Plan maintains information that may include eligibility, benefits, claims or payment information.

Member Information: (individual whose information will be released)

Print your complete name, address, date-of-birth and telephone number. Provide your group name and number if available. Social Security number is optional.

Important: Provide the Member ID Number located on the front of your Health Plan identification card. Be sure to include any letters in front of the identification number.

Health Plan: (organization that will release your information)

The Health Plan is your insurance carrier or HMO that maintains information about you. Print the name of your Health Plan on the line provided.

Recipient: (person or organization that will receive your information)

The recipient is a person or organization that you choose to receive your protected health information from the Health Plan. You must provide all of the contact information in order for the information to be released.

- Identify the person, family member or organization to receive your information.
- Provide the contact information about the person, family member or organization

Description of the Information to be Released: (what type of information will be released)

You must indicate or describe the information to be released. **Check one box that best describes your request.** There are three choices. The first choice is **Psychotherapy Notes**. The second choice is **All Information**. The third choice is **Specific Information** that you must describe on the line provided.

If this authorization is to release psychotherapy notes, the Health Plan cannot release any other information unless you complete another Authorization to Release Information form.

Psychotherapy Notes are notes recorded by a mental health professional documenting or analyzing the contents of a conversation during a private counseling session or a group, joint, or family counseling session. These notes are separated from the rest of the individual's medical record. **Psychotherapy notes cannot be combined with an authorization to release any other type of information.**

All Information. If you check this box the Health Plan may release all information related to the provision of a payment for my health care benefits or services. If someone is directly involved in coordinating your health care or benefits, you may want them to have access to all of your information.

Specific Information. By checking this box, you indicate that you want only specific information to be released. Describe the specific information on the line provided.

Purpose of Release. You must provide a brief description of the reason you want this information released. The statement, "At my request" is sufficient.

IMPORTANT: State law requires that you give specific permission to release certain health information. Your initials are required on each line in order for the Health Plan to release information for HIV/AIDS, Substance/Alcohol Abuse, Genetic information or Mental/Behavioral Health information.

Expiration: (when this authorization will end)

Print either an expiration date OR event, but not both. If an expiration event is used, the event must relate to the purpose of the release of information being authorized.

Approval: (You OR your personal representative must sign and date this form in order for it to be complete.)

Member Signature.

If you are the individual whose information will be released, you must sign and date in this section.

Personal Representative Information.

If you are the personal representative, the member's signature is not required. However, you must provide the requested information, signature and date. A copy of the legal authority, such as a Power of Attorney or other court-initiated document, must be on file with the Health Plan.